

SRST Practice Schedule July 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Black 6:30-8:00 pm Optional Senior/Red 5-7 pm Senior 8:30-10:30 am Red 8:30-10:00am	3 <u>Dryland 5:15-6:15</u> Silver 6:30-7:30 pm Pre-team Session 4-6:30-7:15 Senior 8:30-10:30 am Red 8:30-10:00am	4 Off Happy 4th of July!	5 Black 5:00-6:30 pm Silver 6:30-7:30 pm Senior 8:30-10:30 am Red 8:30-10:00am	6 Senior 8:30-10:30 am Red 8:30-10:00am	7 Senior 7:30-9:00 Red 7:30-9:00 <u>Dryland 9-10 am</u> Black 9-10:30 Silver 10:30-11:30
8	9 Black 6:30-8:00 pm Optional Senior/Red 5-7 pm Senior 8:30-10:30 am Red 8:30-10:00am	10 <u>Dryland 5:15-6:15</u> Silver 6:30-7:30 pm Pre-team Session 4-6:30-7:15 Senior 8:30-10:30 am Red 8:30-10:00am	11 Senior 8:30-10:30 am Red 8:30-10:00am	12 Black 5:00-6:30 pm Silver 6:30-7:30 pm Senior 8:30-10:30 am Red 8:30-10:00am	13 Senior 8:30-10:30 am Red 8:30-10:00am USA-PEAQ Silver/Bronze Champs	14 Red 9:00-10:30 Black 9-10:30 Silver 10:30-11:30 USA-PEAQ Silver/Bronze Champs
15 USA-PEAQ Silver/Bronze Champs	16 Black 6:30-8:00 pm Optional Senior/Red 5-7 pm Senior 8:30-10:30 am Red 8:30-10:00am	17 <u>Dryland 5:15-6:15</u> Silver 6:30-7:30 pm Pre-team Session 4-6:30-7:15 Senior 8:30-10:30 am Red 8:30-10:00am	18 Senior 8:30-10:30 am Red 8:30-10:00am	19 Inter-Squad Meet 5-8 pm	20 Senior 8:30-10:30 am Red 8:30-10:00am USA-PITT Gold Champs	21 Red 9:00-10:30 Black 9-10:30 Silver 10:30-11:30 USA-PITT Gold Champs
22 USA-PITT Gold Champs	23	24	25	26	27	28 Summer banquet at the Fleeger Farm! 4 pm
29	30	31				